Modules per semester

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Module** **nº** | **Year**  | **Semester** | **Module title**  | **Typology** | **ECTS** |
| 1 | 1 | 1 | Physiological, Psychological, Pedagogical and Social Principles of Physical Exercise and Sport | OB | 9 |
| 2 | 1 | 1 | Methodology and Techniques of Assessment in Sport Psychology | OB | 6 |
| 3 | 1 | 1 | Research Strategies in Sport and Exercise Psychology | OB | 6 |
| 4 | 1 | 1 | Initiation to a Sport: Counselling for Families and Coaches | OB | 9 |
| 5 | 1 | 2 | Physical Exercise and Healthy Lifestyles | OB | 6 |
| 6 | 1 | 2 | Counselling and Psychological Training Techniques for Athletes | OB | 6 |
| 7 | 1 | 2 | Psychological Training in Specific Sports | OB | 9 |
| 8 | 1 | 2 | Applying Assessment Instruments and Intervention Techniques in Sport and Exercise Psychology | OB | 9 |
| 9 | 2 | 3 | Professional Experiences in Sport and Exercise Psychology | OB | 6 |
| 10 | 2 | 3 | Outside Internships in Sport and Exercise psychology | OB | 12 |
| 11 | 2 | 3 | Master's Dissertation | OB | 12 |
|  **TOTAL (30 cr per semester) 90**  |